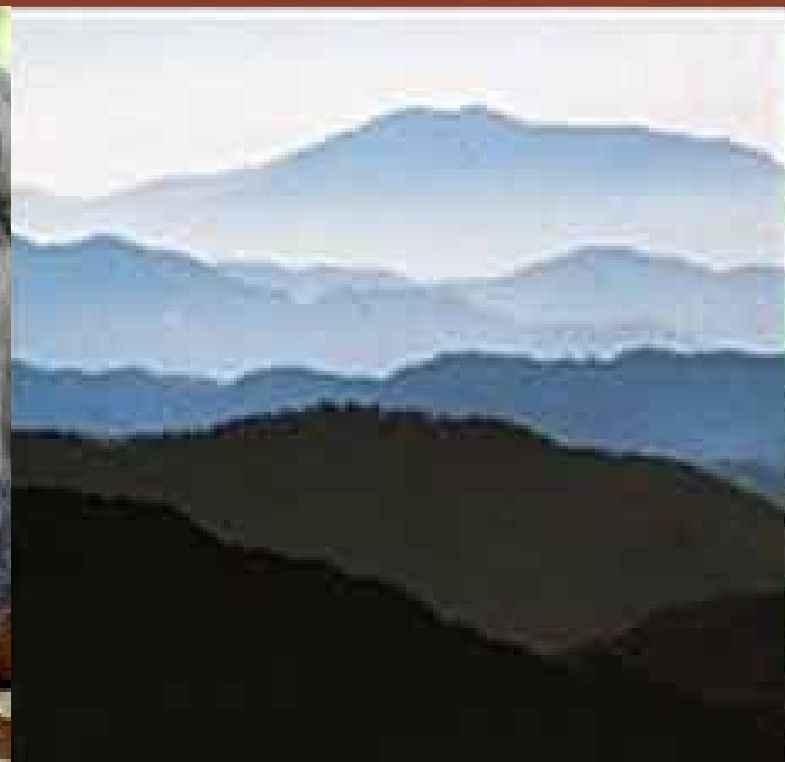
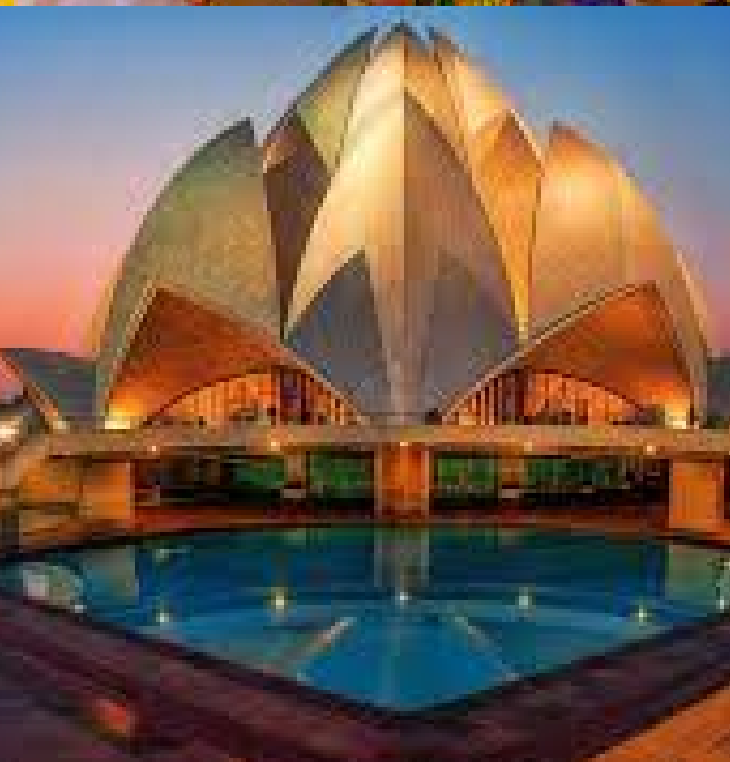




YOGA JOURNEY OF INDIA

THE BEST EXPERIENCE FOR TRADITIONAL INDIAN CULTURE &
YOGA RETREAT JOURNEY WITH YOGA CLINIC.





18-28 March 2024

- | | |
|------------------------------------|--------------------------------------|
| 01 All Transportation within India | 07 City of Agra |
| 02 Traveling with private bus | 08 City of Haridwar |
| 03 Accomodations with Breakfast | 09 Ayurveda & Natural Pathy |
| 04 Indian Food in Ashrams | 10 Holy Festival (Festival of Color) |
| 05 Indian Guide | 11 City of Rishikesh |
| 06 Yoga and Meditation | 12 Delhi |
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www.yogaclinic.eu

Agra

Taj Mahal

19-20th March

Welcome to Taj Mahal, Standing majestically on the banks of River Yamuna. Taj Mahal is famous for Own beauty and one of the 1st wonders of the world.



Agra Fort



Fatehpur Sikri



Itimad-ud-daulah's Tomb

Haridwar

20-23 March

Haridwar is an ancient city in North India's Uttarakhand state, where the River Ganges exits the Himalayan foothills. First day we will explore Patanjali Yoga Peeth during our stay. We will experience Ayurveda and natural treatments during the daytime. One of the evenings we will go to the *Har Ki Podi* to see the evening aarti.

On the second day, we will explore the sightseeing of Haridwar and wildlife at Rajaji National Park Ranipur Jungle Safari. In the evening, we can go for the meeting with Swami Ram Dev ji, or to do shopping at local markets.





Rishikesh

23-26 March

We will have extreme experience of spirituality in the real Ashram lifestyle. Morning we will make the Hatha-yoga Practice with Yogi-Karanananda. On 23rd March we will take part in Holy Aarti at Parmarth Niketan.

On the 24th after Yoga Practice with Yogi Dr. Aman Sood, we will have a day of shopping in the city and we will explore the local market of Rishikesh.

On the 25 March, after yoga practice, we will celebrate the Holi Festival (Festival of Colors) making our party at the Ganga River. In the evening, we can relax and get a massage or ayurveda treatment at the ashram.



Humayun Tomb



Akshardham Temple Delhi



Lotus Temple

Delhi 26-28 March

Explore free time for group shopping with a local guide and enjoy your last days in India

28th March departure to Bulgaria.



NAMASTE