



DR. AMAN SOOD

Driver's License:

BC-Class – 4 Restricted

AWARDS ACHIEVEMENTS:

1. GUNNESS WORLD RECORDS

Official World Record Holder 2017
(35h: 18minutes "Longest yoga lesson" training)

2. AMAZING OLYMPIA WORLD RECORDS-CANADA.

Official World Record Holder
For 79 Judo (Martial Art Throws in One Minutes)

Country: Canada

CONTACT: +1-7789820550
(Easy way to connect : WhatsApp)

EMAIL:
amanyoga@gmail.com

OBJECTIVE:

To lead the Organization/School with my best experience which I acquired through more than 30 countries in performing as Managing Director, I also want to make the organization/school a place where every student get chance to get their worldwide identification and remain healthy through sports and world records events in school as major attraction.

Experience:

- Most recently working as Managing Director in "Yoga Ministry of Canada" in Abbotsford, Canada from 20 July 2019 till the date.
- Worked as **Yoga & Spa Manager** at "Bodywise yoga & Day Spa" in Hong-Kong since 30th June 2010 to 15th June 2011.
- Worked as **Managing Director** at "Yoga Clinic" by M & K LTD. in Bulgaria since 30th June 2011 to 15th July 2019
- Worked as **Managing Director** in Himalayan Sood Yoga under Fairtex sports club Pattaya Thailand since 22nd June 2010 to 25th June 2011.
- Worked as a "Yoga Instructor" in a yoga institute called "Planet Yoga" (California Wow Xperience (in Thailand) from 07-11-2007 to 04-05-2010.
- Worked as a senior Physical Education Teacher in The Sirsa School, Sirsa (Hr.) Residential cum Day School from 30th Sep 2006 till 30th Sep 2007.
- Worked as a Sr. Physical Education Teacher in OM PARKASH BANSAL MODERN SCHOOL, Mandi Govindgarh from July 24, 2005 to 22 Sep 2006.
- Worked as a Yoga Coach in "Chahat Yoga and acupressure Centre" Patiala, from 2002 to 2005.

National & International Educational Qualification:

- Certified: Emergency First-Aid & CPR/AED Level "C"
- Certified by Canadian Red Cross. Certificate number: 101342103, Issue date: 2019-08-17, Expiry date: 2019-08-22, Issued in: Winnipeg, MB. Canada.

Highest degree:

- Ph.D. Phy.Edu. (YOGA) From CMJ. University, India about the study on profiles of school children belonging to slum middle class and elite society."
- Certified as **Yoga Alliance Continuing Education Provider** (YACEP) by "USA Yoga Alliance"
- Certified **10000 Hours** Experienced "Real Yoga Teacher" (ERYT) by WRYA (World Real Yoga Alliance, Bulgaria, Europe).
- Certified **500 hours** Registered Yoga Teacher (RYT) by "USA Yoga Alliance".
- Master's degree in physical education from "IASE University", India.
- Graduation (bachelor's in arts) from India and Passed "Degree in Phy.Edu." (D.P.ED.) from India.
- Certified Yoga Coach by SAI.NS.NIS Patiala, India.

Management duties and expertise:

Attractive and professional communication skills, motivate environment arrangements, pleasant heavy work load, team building events, staff and client counselling, inspirational speeches, customer satisfaction, new classes designs and its trainings, weekly and monthly schedule management, Equipment assembling and maintenance, personal training classes designs, teachers training courses, championships administration, monthly target achievements, client satisfaction, manage recreational, athletic, fitness and sports activities, to coordinate special events and maintain weekly, monthly and yearly documentary records.

I am sure my national and international experience can be useful to serve the organization/school where there it will be requires.

**Thank you for reading my details,
Regards,**

**Truly Yours
Aman Sood**

